/8 cont'd/
285 the porridge inside warm. For straining beer, a special wide mesh basket is used, either conical or hemispherical in shape. Round and rectangular baskets of various sizes, with flat lids, are also found [482] and are used for carrying small quantities of food on a journey.

In former times, wooden plates were used, but these are now 415 very rare. Wooden spoons are still made and used, and large flat 417 porridge stirrers, with geometrical ornamentation, are common. [531] Wooden hemispherical pats, with a handle, are used for smoothing cooked porridge.

412 At the back of the hut, or on the verandah outside, are the pestle and mortar used for reducing maize and other cereals to flour. Mortars range in height from one to four feet, the smaller mortars being used by children or for crushing ground-nuts. They are usually of about one foot in diameter, and are made from single blocks of wood, usually from Afzilia quanzensis or Monotes trees. The inside of the block is hollowed out to leave a receptacle for the maize that is nearly as deep as the mortar is high. The only decoration is [531] a ridge of wood about an inch wide left encircling the base three or four inches from the ground. Pestles are undecorated cylinders of wood, made from Terminalia sericea or Kigelia pinnata trees. They may be as much as six feet long, and range in thickness from four [504] inches down to the half-inch pestles used by young children playing at pounding.

The hard residue of maize that cannot be reduced to flour by pounding is ground between two stones, and these grinding stones are also kept in the hut. Not every woman has her own grindstones [426] or her own pestle and mortar, and these objects are loaned and borrowed within the village.

Most huts contain some form of chair or stool, but these are 352 sometimes very small indeed, standing only two inches off the ground. Petrol boxes are used to sit on, and deck chairs, known in the vernacular as "sleeping chairs," are common. Carpenters make [463] a small folding chair that is fairly common. European upright chairs, basket chairs and Morris chairs are sometimes seen, but these are not made locally.